



### **Lyrics to *Frozen Child***

By Pi'kun (Alexander) Poulette

Looking at my life, I missed a lot.  
Knowing what I lost, was myself.  
Going through the pain of looking back,  
and dealing with my past.

A frozen child I was for a long, long time.  
Missing out on love, respect and happiness.  
Living in fear of losing everything I touched.  
To survive is not to live.

I kept asking why? No answer.  
I could have had love, years ago.  
But I was stubborn and lost  
To protect a frozen child was my life.

A frozen child, I was, for a long, long time.  
Missing out on love, respect and happiness.  
Living in fear of losing everything I touched.  
To survive is not to live.

To the Elders, I turned for some answers.  
Their wisdom is simple, but strong.  
Forgive those who hurt you.  
But do it to forgive yourself.

A frozen child I was,  
For a long, long time.  
Missing out on love, respect and happiness.  
Living in fear of losing everything I touched.  
To survive is not to live.  
To survive is not to live.