

Netukulimk and Msit No'kmaq

Netukulimk (neh-doo-guh-lim-k) is gathering what we need from the world around us to feed, clothe, shelter and do all the things we need to do to take care of ourselves. BUT, netukulimk also means that we take care of ourselves without harming the environment around us. In Mi'kmaw worldview, animals, plants and people are all related and we must respect those relationships.

CHOOSE 3 important words from the definition

GIVE an example of netukulimk

Msit No'kmaq (m-sit no-guh-ma) means "all my relations" and when Mi'kmaw people say "msit no'kmaq," it is a way of saying "I understand that we are all related and I am grateful to be tied together in spirit with animals, plants and all living beings." Many Mi'kmaw use this phrase during ceremonies to honour and thank the Creator for all life.

CHOOSE 3 important words from the definition

GIVE an example of msit no'kmaq

DRAW a picture that shares how you understand netukulimk and msit no'kmaq.

